



تحسين المهارات العامة: الإقناع والتواصل الفعال في العربية

Duration: 5 Days

Language: ar

Course Code: MG2 - 235

Objective

:By the end of this programme, participants will be able to

- Deliver speeches and presentations with clarity, confidence, and executive presence
- Apply proven frameworks for structuring engaging and memorable messages
- Use storytelling, persuasion, and audience psychology to enhance impact
- Master vocal projection, pacing, tone variation, and expressive body language
- Overcome stage fright and manage high-pressure speaking environments
- Adapt speaking style to conferences, meetings, pitches, panels, and virtual settings

Audience

:This course is ideal for

- Executives, managers, team leaders
- Educators, trainers, and facilitators
- Public figures, advocates, and policymakers
- Entrepreneurs and startup founders
- Anyone looking to enhance professional communication and influence

Training Methodology

This programme uses interactive demonstrations, speech practice, role-plays, storytelling labs, feedback clinics, and video-recorded sessions to strengthen speaking skills and measure performance growth

Summary

This comprehensive training programme is designed to transform participants into confident, articulate, and influential public speakers. Whether addressing a small team, a large audience, or high-level stakeholders, participants will learn how to craft compelling messages, deliver them with clarity and confidence, and handle pressure with ease

The course focuses on mastering vocal delivery, body language, audience engagement, storytelling, persuasive communication, and psychological techniques for confidence building. Participants will practice structuring speeches, managing stage presence, and adapting to diverse audiences and contexts. By the end of the course, learners will communicate with authority, authenticity, and impact

Course Content & Outline

Section 1: Foundations of Powerful Public Speaking

- Understanding the psychology of great speakers
- The components of high-impact communication: clarity, confidence, connection
- Identifying your speaking strengths and development areas
- Setting your speaking goals: persuasive, informative, inspirational
- Debunking myths about public speaking and building a strong mindset

Section 2: Crafting Messages That Captivate

- Frameworks for structuring speeches: P-A-R, Monroe's Motivated Sequence, SCQA
- How to open any speech with impact
- Designing logical flows that keep audiences engaged
- Using storytelling techniques: heroes, conflict, emotion, resolution

- Writing powerful transitions, calls to action, and memorable closings

Section 3: Voice, Tone & Body Language Mastery

- Vocal projection, breath control, articulation, and pacing
- Using pauses, emphasis, and tone variation for dramatic effect
- Body language foundations: posture, gestures, movement
- Eye contact strategy to connect with diverse audiences
- Eliminating distracting habits and strengthening presence

Section 4: Audience Engagement & Persuasion Techniques

- Reading the room and adjusting in real time
- Persuasion models: ethos, pathos, logos
- Using humor, emotion, and storytelling to build rapport
- Handling interruptions, difficult questions, and high-pressure moments
- Engaging virtual audiences: cameras, screens, pacing, engagement tools

Section 5: Confidence, Performance & High-Stakes Speaking

- Strategies to overcome anxiety and stage fright
- Mental rehearsals and grounding techniques
- Preparing for conferences, board meetings, media appearances, and pitches
- Transforming feedback into performance improvement
- Developing a long-term personal speaking style and signature voice

Certificate Description

Holistique Training عند إتمام هذه الدورة التدريبية بنجاح، سيحصل المشاركون على شهادة إتمام التدريب من (e-Certificate) وبالنسبة للذين يحضرون ويكملون الدورة التدريبية عبر الإنترنت، سيتم تزويدهم بشهادة إلكترونية من Holistique Training.

وخدمة اعتماد التطوير المهني (BAC) معتمدة من المجلس البريطاني للتقييم Holistique Training شهادات ISO 29993 أو ISO 21001 أو ISO 9001 كما أنها معتمدة وفق معايير (CPD) المستمر

لهذه الدورة من خلال شهادتنا، وستظهر هذه النقاط على شهادة إتمام (CPD) يتم منح نقاط التطوير المهني المستمر واحدة عن كل ساعة CPD يتم منح نقطة CPD ووفقاً لمعايير خدمة اعتماد Holistique Training التدريب من لأي دورة واحدة نقدمها حالياً CPD حضور في الدورة. ويمكن المطالبة بحد أقصى قدره 50 نقطة

Related Articles



Top Public Speaking Courses Online

Public speaking is crucial for effective communication and leadership. It involves clear articulation, persuasive argumentation, and audience engagement. Mastering it boosts professional credibility, enhances confidence, and helps influence and motivate others.

Strong public speaking skills are key for successful interactions and achieving .communication goals