



## "تدريب التنسيق الفريقي (TCT) لتحسين أداء الفرق"

**Duration:** 5 Days

**Language:** ar

**Course Code:** PH1-138

### Objective

Upon completion of this course, participants will be able to:

- Understand the principles of effective team coordination and its impact on team performance.
  - Learn techniques for clear communication and task delegation.
- Develop skills in using tools and methods for workflow optimisation and task management.
  - Gain strategies for resolving conflicts and managing group dynamics.
- Learn to adapt team coordination strategies based on changing circumstances and team composition.
  - Foster a team culture of trust, accountability, and collaboration.

### Audience

:This course is ideal for

- **Team Leaders and Managers** : Individuals responsible for coordinating teams and ensuring smooth workflow and collaboration.
- **Project Coordinators and Project Managers** : Professionals tasked with overseeing

project execution and ensuring team members are aligned with project goals.

- **Team Members** : Individuals looking to improve their ability to work collaboratively and support team objectives through effective coordination.
- **HR Professionals** : Those involved in team building, staff development, and fostering a collaborative workplace environment.
- **Entrepreneurs and Small Business Owners** : Business leaders aim to enhance coordination among small teams to improve productivity and efficiency.

## Training Methodology

The course employs a blend of theoretical learning and hands-on practice to ensure participants can apply coordination strategies in real-world team settings:

- **Instructor-Led Lectures** : Participants will receive guidance on team coordination principles, communication techniques, and conflict resolution strategies.
- **Group Discussions and Role-Playing** : Engaging in group discussions and role-playing exercises allow participants to practice coordination techniques, simulate team scenarios, and explore various solutions to coordination challenges.
- **Interactive Workshops** : Through workshops, participants will work on case studies and exercises that simulate team coordination challenges, practising how to delegate tasks, manage time, and resolve conflicts.
- **Tool-Based Tutorials** : Hands-on training with collaboration and project management tools will enable participants to learn how to apply these tools to real-life team coordination activities.
- **Self-Assessment and Feedback** : Regular self-assessments and peer feedback will help participants reflect on their coordination styles and identify areas for improvement.
- **Case Study Analysis** : This section will analyse real-world examples of successful and unsuccessful team coordination, providing participants with insights into best practices.

## Summary

Team coordination is a critical element of success in any organisation. It involves synchronising the efforts of individual team members to achieve common objectives efficiently and effectively. The "Team Coordination Training (TCT)" course provides participants with the tools and techniques necessary to enhance team coordination, foster collaboration, reduce misunderstandings, and optimise overall performance. In today's fast-paced and dynamic work environment, teams must communicate clearly, allocate resources wisely, and adapt to changes swiftly. This course addresses these needs and teaches strategies for seamless teamwork.

The course covers essential aspects of team coordination, including clear communication, task delegation, workflow optimisation, conflict resolution, and time management. Participants will learn to define roles and responsibilities clearly, facilitate open communication channels, and use collaboration tools effectively to keep everyone on the same page. Furthermore, the course explores methods for managing group dynamics, building trust, and creating a positive team culture that supports mutual respect and accountability.

By the end of this training, participants will be equipped to coordinate more effectively within their teams, leading to improved productivity, higher morale, and a greater capacity to handle complex projects. This course is ideal for team leaders, managers, project coordinators, and team members seeking to enhance their coordination skills and contribute to a more cohesive team environment.

## Course Content & Outline

### Section 1: Introduction to Team Coordination

- What is Team Coordination and Why is it Important?
- The Role of Coordination in Achieving Team Objectives
- Identifying Common Challenges in Team Coordination

### Section 2: Communication Techniques for Effective Coordination

- Principles of Clear and Effective Communication
- Active Listening and Providing Constructive Feedback
- Using Communication Tools (e.g., Slack, Microsoft Teams) for Seamless Coordination
- Facilitating Regular Team Meetings and Check-Ins

### **Section 3: Task Delegation and Workflow Optimization**

- Defining Roles and Responsibilities Within the Team
  - Techniques for Effective Task Delegation
- Workflow Management Tools (e.g., Asana, Trello) for Task Allocation and Tracking
- Balancing Workloads and Setting Realistic Deadlines

### **Section 4: Managing Group Dynamics**

- Understanding Different Personality Types and Their Impact on Teamwork
  - Strategies for Building Trust and Mutual Respect Among Team Members
- Techniques for Enhancing Collaboration and Minimizing Misunderstandings
  - Identifying and Addressing Coordination Barriers in Team Settings

### **Section 5: Conflict Resolution and Problem-Solving**

- Common Sources of Conflict in Teams
- Conflict Resolution Techniques: Mediation, Compromise, and Consensus-Building
- Applying Problem-Solving Strategies to Enhance Team Coordination
  - Case Studies: Successful Conflict Resolution in Team Settings

### **Section 6: Time Management and Prioritization**

- Managing Team Schedules and Workflows for Optimal Efficiency
  - Techniques for Prioritizing Tasks and Meeting Deadlines
- Adapting Coordination Strategies Based on Changing Priorities

### **Section 7: Tools for Enhanced Team Coordination**

- Overview of Digital Tools for Collaboration (e.g., Zoom, Google Workspace)
- Using Project Management Software for Coordination and Monitoring Progress

- Best Practices for Implementing and Utilizing Coordination Tools

## Section 8: Building a Collaborative Team Culture

- Fostering a Culture of Open Communication and Inclusivity
  - Encouraging Accountability and Shared Responsibility
- Celebrating Team Achievements and Learning from Mistakes

### Certificate Description

Holistique Training. عند إتمام هذه الدورة التدريبية بنجاح، سيحصل المشاركون على شهادة إتمام التدريب من (e-Certificate) وبالنسبة للذين يحضرون ويكملون الدورة التدريبية عبر الإنترنت، سيتم تزويدهم بشهادة إلكترونية من Holistique Training.

وخدمة اعتماد التطوير المهني (BAC) معتمدة من المجلس البريطاني للتقييم Holistique Training شهادات ISO 29993 أو ISO 21001 أو ISO 9001 كما أنها معتمدة وفق معايير (CPD) المستمر

لهذه الدورة من خلال شهادتنا، وستظهر هذه النقاط على شهادة إتمام (CPD) يتم منح نقاط التطوير المهني المستمر واحدة عن كل ساعة CPD يتم منح نقطة CPD، ووفقاً لمعايير خدمة اعتماد Holistique Training. التدريب من لأي دورة واحدة نقدمها حالياً CPD حضور في الدورة. ويمكن المطالبة بحد أقصى قدره 50 نقطة

### Categories

الإدارة والسكرتارية، إدارة الموارد البشرية HR، القيادة والإدارة

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