



# Advanced Urban Health: Challenges and Solutions

**Duration:** 5 Days

**Language:** en

**Course Code:** IND5 - 159

## Objective

:Upon completion of this course, participants will be able to

- Understand the key factors influencing health in urban settings.
- Develop skills to analyse and address urban health disparities.
  - Learn strategies for effective urban health interventions.
- Explore the role of policy and planning in promoting urban health.
- Enhance their ability to implement and evaluate urban health programs.

## Audience

:This course is intended for

- Public health professionals
- Urban planners and policymakers
  - Healthcare administrators
  - Community health workers
- Graduate students in public health, urban planning, and related fields

## Training Methodology

The course employs a blend of instructional methods, including

- Interactive lectures
- Hands-on project development sessions
- Group discussions and case studies
- Expert-led Q&A sessions
- Comprehensive course materials and resources

## Summary

This advanced course explores the complexities of urban health, addressing the unique challenges and opportunities present in urban environments. Participants will gain insights into the social determinants of health in cities, develop strategies for improving urban health outcomes, and learn to implement effective public health interventions. The course combines theoretical knowledge with practical applications, equipping healthcare professionals to address the health needs of urban populations.

## Course Content & Outline

### Section 1: Introduction to Urban Health

- Overview of urban health and its importance
- Social determinants of health in urban environments
- Epidemiology of urban health issues

### Section 2: Urban Health Disparities

- Identifying and addressing health disparities in cities

- Impact of socioeconomic factors on urban health
  - Strategies for reducing health inequalities

### **Section 3: Public Health Interventions in Urban Areas**

- Designing and implementing urban health programs
- Case studies of successful urban health interventions
- Community engagement and participatory approaches

### **Section 4: Policy and Planning for Urban Health**

- Role of urban planning in health promotion
  - Health impact assessment in urban policy-making
- Building healthy cities: best practices and innovations

### **Section 5: Practical Applications and Future Directions**

- Developing and evaluating urban health projects
- Emerging trends and future challenges in urban health
  - Collaborative problem-solving and case studies
  - Course review and expert Q&A

## **Certificate Description**

Upon successful completion of this training course, delegates will be awarded a Holistique Training Certificate of Completion. For those who attend and complete the online training course, a Holistique Training e-Certificate will be provided.

Holistique Training Certificates are accredited by the British Assessment Council (BAC) and The CPD Certification Service (CPD), and are certified under ISO 9001, ISO 21001, and ISO 29993 standards.

CPD credits for this course are granted by our Certificates and will be reflected on the Holistique Training Certificate of Completion. In accordance with the standards of The CPD Certification Service, one CPD credit is awarded per hour of course attendance. A maximum of 50 CPD credits can be claimed for any single course we currently offer.

## Categories

Health, Safety & Environment HSE, Healthcare & Pharmaceutical

## Tags

Healthcare, Epidemiology, Public Health, Urban Health

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